

THE SUNDAY.



STARTERS

Vg	Tenderstem broccoli tempura, maple syrup, chilli oil, sweetcorn & chilli jam ^{7*}	6.00
	Crispy calamari, spiced mayonnaise, grilled lemon, pea shoots ^{4,5,7}	7.50
V	Parmesan & mushroom arancini, truffled mayonnaise, rocket ^{2,5,7}	5.50

MAINS

all main courses are served with roast potatoes, Yorkshire pudding, seasonal greens, celeriac purée, roasted seasonal roots & gravy

	The Strand Triple - 32-day aged topside of beef, overnight roasted pork belly, slow roasted shoulder of lamb ^{2,5,7}	19.00
	32-day aged topside of beef ^{2,5,7*}	16.50
	Overnight roasted pork belly ^{2,5,7*}	15.50
	Slow roasted shoulder of lamb ^{2,5,7*}	16.00
Vga	Sweet potato, mushroom & crispy kale wellington ⁷	15.00

KIDS MENU

Our kids' main courses are served with roast potatoes, parsnips, Yorkshire pudding, carrots, peas & gravy on the side

Vga	Smaller version of the above, apart from The Strand Triple! ^{2*,5*,7*}	7.50
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SIDES

V	Cauliflower cheese, crispy leeks ^{2,7}	5.00	Vg	Roast Potatoes	3.00
Vga	Seasonal vegetables ^{2*}	3.00	V	Yorkshire pudding ^{2,5,7}	1.00
	Extra gravy	2.00			

DESSERTS

V	Dark chocolate brownie, chocolate soil, vanilla ice cream ^{2,5,7}	6.00
Vg	Vegan tonka bean brownie, chocolate soil, vegan vanilla ice cream ⁷	6.00
V	Sticky toffee pudding, salted caramel, vanilla ice cream, caramel popcorn ^{2,5,7}	6.00
V	Fruit crumble, vanilla ice cream or custard - please ask staff for today's special ^{1,2,7}	6.00
V	Cheeseboard - selection of South West cheeses, grapes, celery, crackers ^{2,3,7}	10.00
Vga	Ice creams, price per scoop please ask a member of staff for flavours	1.50

V - Vegetarian | Vg - Vegan | Vga - Vegan option available

1 - Nuts | 2 - Dairy | 3 - Celery | 4 - Crustaceans | 5 - Eggs | 6 - Peanuts | 7 - Gluten | 7* - Gluten free available | 8 - Mustard | 9 - Sesame | 10 - Soya | 11 - Fish | 12 - Sulphites | 13 - Lupins | 14 - Molluscs